Online safety

Where to find help

UK Safer Internet Centre

https://saferinternet.org.uk/

NSPCC

https://www.nspcc.org.uk/keeping-children-safe/support-for-parents

NSPCC helpline (0808 800 5000)

CEOP

https://www.ceopeducation.co.uk/parents/

Talking to your child about online safety

let's T&LK

Talking regularly with your child can help keep them safe online. Making it part of daily conversation, like you would about their day at school, will help your child feel relaxed.

It also means when they do have any worries, they're more likely to come and speak to you.
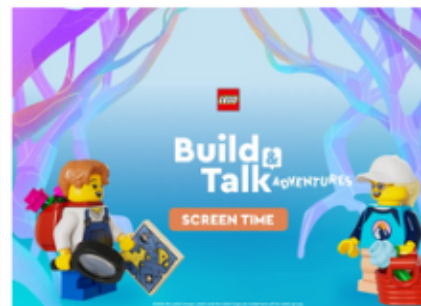
LEGO Build and talk

Our story-style Build & Talk activities, created for children ages 6 to 9, support families with a playful way to engage in otherwise difficult conversations about digital safety topics while playing with LEGO® bricks. You'll also find handy discussion starters to get the conversation going as you Build & Talk together.

Build & Talk ADVENTURES — CYBERBULLYING
Adventures in the digital forest
Busy? Try the 10+ minute activity
Start now >

Build & Talk ADVENTURES — SCREEN TIME
Adventures in the digital forest
Busy? Try the 10+ minute activity
Start now >