

# Spring Summer 2025 – Week One

**Dates:**



**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage Toad in the Hole with Home baked Potato Wedges	Red Tractor Mild Chicken Curry with Mixed Wholegrain & White Rice	Roast Chicken with Gravy, Stuffing & Mashed Potato Or Roast Potatoes or Roast Gammon	Wholemeal Margherita Pizza with Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Cheese, Onion & Potato Pie with Home Baked Potato Wedges	Macaroni Cheese	Beany Shepherd's Pie Vg	Rainbow Vegetable Lentil Pitta Pockets with Hummus Vg	Vegetable & Bean Quesadilla & Chips
Vegetarian Option 2 (as an alternative to Option 2)	Veggie Sausage Toad in the Hole with Home baked Potato Wedges	Mild Sweet Potato & Chickpea Curry Vg & Mixed Rice	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Butternut Squash & Five Bean Risotto	Cheese Flan With Chips & Ketchup
'Street' or 'World' Food		Chicken Fajita Pasta	Loaded Pizza Muffin	Tuna Melt	
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn	British Red Tractor Garden Peas, Sliced Carrots	Broccoli/Cauliflower & Carrots	Carrot & Cucumber Sticks Or British Red Tractor Garden Peas /Sweetcorn	British Red Tractor Garden Peas Baked Beans
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Jollof Rice with 5 Beans Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise, Cheese Salmon Mayonnaise or Beans
Dessert	Banana Mousse and Orange Smiles	Marble Sponge Vg & Custard/Chocolate Sauce	Strawberry Jelly Vg with Watermelon Slice	Vanilla Cookie Vg	Iced Sponge /Old School Cake

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**
























Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring Summer 2025 – Week Two

**Dates:**

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**



WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Pasta Bolognese made with Red Tractor Halal Lamb or Beef & Garlic Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes or Roast Gammon	Wholemeal Margherita Pizza with Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Macaroni Cheese	Veggie Sausage with Mash & Gravy Vg 	Vegetable & Chickpea Fajita Wrap Vg with a side of Roast Potatoes 	Cheesy Bean Pitta 	Tomato, Baked Bean Pasta Spirals Vg 
Vegetarian Option 2 (as an alternative to Option 2)	Cheese & Onion Pastry Roll with Skin on Baked Potato Wedges	Plant-based Pasta Bolognese Vg Garlic Bread 	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes 	Vegetable Chilli Vg with Sunny Vegetable Rice 	Crispy Vegetable Fingers Vg & Chips
'Street' or 'World' Food		Falafel with Salsa and 50/50 Rice Vg 	Cheese & Tomato Panini	Onion Bhaji Burger with Crispy Wedges Vg	
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots, Sweetcorn 	Sliced Carrots or British Red Tractor Garden Peas 	Baked Beans, British Red Tractor Garden Peas 
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Jollof Rice with 5 Beans  Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 
Dessert	Banana Cake Vg with Custard 	Fresh Shortbread Vg Orange Slices 	Hidden Fruit Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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# Spring Summer 2025 – Week Three

**Dates:**

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs with Sunny Rice 	Beef Lasagne with Garlic Bread 	Roast Chicken with Gravy, Stuffing & Roast Potatoes or Roast Gammon	Margherita Pizza with Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake 	Chinese Sweet Chilli Quorn Stir Fry Vg With Mixed Rice Vg  	Mediterranean Vegetable & Chickpea Stew Vg with Roast Potatoes  	Bean Burrito Vg With a side of potato wedges 	Cheese & Onion Puff Pastry Roll
Vegetarian Option 2 (as an alternative to Option 2)	Sweet & Sour Veggie Meatballs with Sunny Rice Vg  	Vegetable Lasagne with Garlic Bread  	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Cheese Flan served with Homebaked Potato Wedges	Crispy Vegetable Fingers & Chips Vg
'Street' or 'World' Food		Vegetable Chilli & Rice Vg  	Cottage Pie	Falafel Bites with Salsa & Warm Pitta Vg 	
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn 	Sweetcorn & Carrots 	Broccoli/Cauliflower & Carrots 	Broccoli/Cauli & Carrots, British Red Tractor Garden Peas 	Baked Beans, British Red Tractor Garden Peas 
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Jollof Rice with 5 Beans  Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  
Dessert	Strawberry Mousse with Fruit Slices 	Chocolate Cookie Vg & Orange Wedges 	Vanilla Cupcake	Chocolate Crunch 'Concrete' Vg & Chocolate Sauce or Pink Custard	Homemade Jam Sponge And Custard

Portion(s) of fruit or veg



Source of wholegrain



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