

## EYFS Newsletter

**Miss Spencer - EYFS Lead** 

23.05.25

We've had such a lovely final week of term in Reception! This week, we continued exploring our Healthy Living topic with some fantastic hands-on experiences and special visitors.

A huge thank you to all the grown-ups who joined us for fruit kebab making on Tuesday afternoon—the children absolutely loved creating them with you.

On Wednesday, we had a brilliant visit from Chloe the dentist, who taught us all about how to keep our teeth clean and strong. We learned which foods help our teeth and how to brush them properly.

Then on Thursday, we welcomed George the doctor. He told us all about what's underneath our skin, how to stay healthy, and why it's so important to wash our hands. The children were fascinated! We were so proud of how engaged and well-behaved the children were—they asked lots of thoughtful, inquisitive questions and showed a real interest in everything they learned.



## Fruit tasting!

This week in nursery, the children have been trying a wide variety of different fruits just like the caterpillar in The Very Hungry Caterpillar. They have tried: grapefruit, physalis, kiwi, cantaloupe melon, watermelon, strawberries, blueberries, lychee, mango, red grapes, satsumas, apples, raspberries, cherries and pineapple. We talked about where in the world the fruit grows and what the plants look like as the grow. The children then decided what had been their favourite fruits.

We have also released our butterflies this week in nursery. Ours took a little longer to grow and create their chrysalises than the reception class. The children were interested in why that was. We talked about the different environmental factor that likely contributed to this difference, for example, the temperature.