



Online safety

June 2025

Where to find help



UK Safer Internet Centre

<https://saferinternet.org.uk/>

NSPCC

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents>

NSPCC helpline (0808 800 5000)



<https://www.ceopeducation.co.uk/parents/>



6 top tips: how to support your children to use AI safely

- 1) Talk about where AI is being used
- 2) Remind young people not everything is real
- 3) Discuss misuse of generative AI
- 4) Remind them to check sources
- 5) Signpost to safe sources of health and wellbeing advice
- 6) Make sure they know where to go for help

Introducing AI safely

